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 **Bike Aid**

**The Cross Country Bikeathon for Global Development**

 **215 Apple Blossom Ct, Vienna VA 22181**

[**www.bikeaid.us**](http://www.bikeaid.us/) **301-944-3370 info@bikeaid.us**

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**Rider Information**

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| --- | --- | --- | --- | --- | --- |
| **Routes for 2022** | **Dates** | **Days** |  **Miles** |  **Goal** | **Minimum** |
| Seattle to Washington DC |  |  56 |  3000 |  $6000 |  $3000 |
| Portland OR to Washington DC |  |  56 |  3000 |  $6000 |  $3000 |
| San Francisco to Washington DC |  |  56 |  3000 |  $6000 |  $3000 |
| Los Angeles to Washington DC |  |  56 |  3000 |  $6000 |  $3000 |
| Austin TX to Washington DC |  |  34 |  1950 |  $3900 |  $1950 |
| Montreal to Washington DC |  |  22 |  960 |  $1920 |  $ 960 |
| Tallahassee FL to Washington DC |  |  20 |  1070 |  $2140 |  $1070 |
| Hawaii Island |  |  4 |  220 |  $440 |  $220 |
| Glenallen to Anchorage Alaska |  |  3 |  180 |  $360 |  $180 |

**Summary of each route**